

CFHD BACKGROUND

- ▶ CFHD was established in 2010, opened in 2011 with 4 Voluntary Staff.
- ▶ We are a small women's organisation based in rural Baucau, 129 km's from Dili, Timor-Leste.
- ▶ 2012 CFHD have 3 programs:
 - Advocacy
 - Sustainable Agriculture Development,
 - Community Capacity Building Program (Computers/English)
- ▶ Now we have 7 women, comprising;
 - 5 volunteers
 - 2 paid staff



ABOUT CFHD

VISION

- All women have the opportunity to be economically independent, and be treated with respect and dignity.

MISSION

- Encourage and advance women's contribution to Timor-Leste life in the rural areas;
- Promote opportunities for vulnerable women in economic development.

OBJECTIVES

- Active participation of women in social, economic , cultural and political aspects of Timorese society;
- Increase women's independence with vocational training in the rural areas.



WHY CFHD ASSISTS WOMEN?

- ▶ **Women continue to have limited access to health, education and employment.**
- ▶ **38% of women aged 15-49 have experienced physical violence from age 15 onwards (UN Women).**
- ▶ **36% of married women have reported physical, sexual or emotional violence by a husband or partner (UN Women).**
- ▶ **Domestic violence is still seen as a private matter, family shame prevents people from reporting.**
- ▶ **Following domestic violence, women often do not have the necessary support whether they return to their husbands or move to their families, for example no means of income generation.**



PROGRAMS IMPLEMENTED BY CFHD

- CFHD works in partnership with Caritas Australia since 2011 to implement an Advocacy Program called *Peace Building Program*, with the aim to prevent sexual violence.
- Referral Network: women meet monthly and share information about issues of concern for women,
- Youth and Adult Training: Prevention on domestic and sexual violence in rural areas.
- Focal Point: CFHD have identified 4 people as focal points for the PVS. When violence occurs in rural areas, focal points will refer cases straight to Vulnerable Person's Unit (VPU)
- Business support program: Survivors of domestic violence and sexual assault from Uma Paz (Safe House) are provided training to assist with skills and grants to start their own business. CFHD also assists projects to sell their products.



SUSTAINABLE AGRICULTURE DEVELOPMENT

This program takes place on CFHD land and is about income generation for the centre. Vegetables are grown and sold to the community and staff.



COMMUNITY CAPACITY BUILDING

This program offers computer and English courses to assist women and young people's employment skills. Programs support from GIZ /German Aid.



Computer Class



English Class

CFHD DEVELOPS & PARTICIPATES IN MANY ACTIVITIES DEPENDING ON THE COMMUNITY NEED

Peace Program (Harii Dame): Fun and sharing Volley-Ball games and Musical Concerts.



PROGRAMS SO FAR 2014

- Mini-Campaign: What are women and men's dreams for the future,
- Website – Refer to www.cfhd.weebly.com
- Continuation of programs according to funding

CHALLENGES FOR CFHD

- Staff Salaries: Mostly Women Volunteers
- Director: Difficult to explain to staff Funding not available to provide salary
- Transport : No vehicle, dangerous at times for women to rely on public transport, especially when carrying equipment. (eg. Last year we were stuck on the road)



CFHD FUTURE DREAMS

- CFHD Café : The aim is to make CFHD sustainable and provide training, work and income for women.
- Special Counseling Service for men: To address Perpetrators of Violence “*Why Violence is wrong and to change behaviour*”, to attend Police and afterwards refer to counseling unit. (based near Police Station)
- One Staff member to attend English program RMIT Australia, each year.

Obrigada to Matadalan Ba Malu, RMIT English Worldwide, Rotary, my Homestay and everyone that has contributed to my special learning and my great opportunity to visit Melbourne, Australia.

Teresa.

Jan-April,2014

Please visit our website to learn more about CFHD at www.cfhd.weebly.com